



9629 2nd St. NW
Albuquerque, NM 87114
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INTRODUCTION TO EQUINE-ASSISTED PSYCHOTHERAPY: APPROACHES AND APPLICATIONS

Do you want to use your clinical skills in new and innovative ways?
Are you curious about how interacting with horses can help your clients?

These intensive two-day 8-hour workshops will help you do just that with the help of some unique teachers –

THE HORSE HERD AT CLOUD DANCERS THERAPEUTIC HORSEMANSHIP CENTER IN ALBUQUERQUE, NM!

If you are an experienced clinician who wants to expand your knowledge of and experience with equine-assisted therapy, then this workshop is for you.

THIS HANDS-ON EXPERIENCE WILL GIVE YOU THE OPPORTUNITY TO:

- Learn about the history of and various approaches to equine-assisted psychotherapy (EAP)
- Explore the neuroscience that informs the effectiveness of therapeutic interactions with horses
- Experience firsthand several different EAP activities
- Consider how EAP activities might benefit specific types of client symptoms and diagnoses



Our team will help you discover how your existing clinical skills can work in tandem with innovative equine-assisted counseling strategies to help individuals, families, and groups attain their goals. We will use a mixture of direct instruction, interactions with the horses, role-playing, and critical reflection to help you explore this new modality. By the end of the workshop, you will have a much better understanding of what it means to be a skilled clinician who can easily add equine-assisted interventions to your clinical tool bag.

BEVERAGES AND SNACKS WILL BE PROVIDED. CLOSED-TOE SHOES AND LONG PANTS ARE REQUIRED. HATS AND SUNSCREEN ARE ENCOURAGED.

DON'T MISS THIS OPPORTUNITY TO LEARN HOW TO USE YOUR EXISTING CLINICAL SKILLS IN NEW AND INNOVATIVE WAYS!

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8 hours	\$350

SHARON GRADY, MA, LICENSED PROFESSIONAL CLINICAL COUNSELOR IN NM, trained Equine-Assisted Psychotherapist and Equine-Assisted Learning facilitator.

LYNDA MILLER, PH.D., Lifelong horsewoman; professionally trained Play Therapist and nationally Certified Clinician for individuals with communication challenges.

KAREN MOLONY, PATH Certified Instructor and PATH Certified Equine Specialist in Mental Health and Learning with a lifetime of experience with horses. She has been teaching at Cloud Dancers since 2006.

DATES: June 21 & 23, 2024, 8:30 am - 12:30 pm
OR
October 18 & 20, 2024, 9 am – 1 pm